



Safe and Healthy Internet for Children and Adolescents Alliance



Forum for Learning  
and Action with  
Innovation and  
Rigour

# WORKSHOP CONTENT ONLINE - 4 HOURS

CHILD ONLINE SAFETY AND WELL-BEING FOR SCHOOL TEACHERS

## BASICS

Family Safety Rules and School Safety Rules on the Internet  
Red Flags, Warning Signs, and Common Tricks used to lure children Online  
Internet Rules for Children

## SESSION 1

Social Network Safety – Facebook, Twitter, Snapchat, Instagram, YouTube, etc.  
Email Security, Downloading and File sharing Safety  
How to set Parental Controls on Devices, Browsers, Search Engines and Apps

## SESSION 2

Online Danger – Cyberbullying, Cyberstalking, Identity Theft, Sexting, Sextortion  
Being Safe on ZOOM, WEBEX, GOOGLE MEET, MICROSOFT TEAMS

## SESSION 3

Internet Addiction, Problematic Internet Usage - How to Prevent  
Online Gaming, Online Gambling

## SESSION 4

Understanding the Indian Legal System — JJ Act, POCSO Act, IT Act, IPC, CrPC  
Ways to begin the dialog with your children in a non-fearful manner